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Uniform Shop
MONDAY 8:15-11:15
WEDNESDAY 11:00 - 2:00
FRIDAY 8:15-11:15

Phone Chris on (07) 4976 6193

Order Forms and Pricing Forms can be collected from the uniform shop

Student Absentee Line
4976 6158

Words from our Principal

Enrolments open on Monday 15 June
Gladstone State High School will open its enrolment process for 2016 on Monday 15 June. We are looking forward to welcoming a new year 7 class in 2016 and will be working with our feeder schools to ensure that prospective students are made very welcome. Students of year 6 who live inside our enrolment boundary are automatically eligible for enrolment. There are allowances made for students who live outside our catchment – most significantly – if they have a sibling at Gladstone SHS and girls entering the Volleyball School of Excellence program. Gladstone SHS will have staff available throughout term 3 and 4 to ensure that every student is met and interviewed by a member of our staff to ensure we make the best class placement and programs decisions for your child.

EQIP Technical College
The EQIP program held a very well attended information evening on Tuesday night. EQIP works in partnership with Gladstone SHS with the Doorways to Civil Construction program and the Technical College. The Technical College is a campus of Gladstone SHS. It offers students a real world pathway to apprenticeship and employment. We have had great success this year with students achieving placements and full time transition to work. Enrolments for 2016 are now open.

Exam Block
Senior students will enter an exam block in the coming weeks. It is important that our Senior students follow the regulations of the exam block and are on time for exams. Assessment in year 11 and 12 is moderated and verified by external panels and there are strict guidelines to the conditions that assessment has to occur under to ensure processes are the same throughout Queensland. The panel system replaces external exams like student sin NSW participate in.

Resilient families
“Let’s take a break”. In and around exam time, students are under a different type of pressure than they might be at other times. Some students display no outward stress at all while others might become irritable and distracted. If you notice things are starting to get on top of your student, it may be that they need to “Take a Break” and re-gather. A break often provides perspective. I wish all of our students success in their exams.

Staff changes
Mr Kevin Giles is taking a period of leave for 6 weeks. He will be replaced by Mr Andrew Johnston as Acting Deputy
Quick News

Potters Place Parking
The parking area within the Potter Place is privately owned land and therefore parents should not be parking in there. The Potters Place are currently in discussion with Main Roads, Gladstone Regional Council and the Police regarding this issue.

Free online parenting program for parents of 12 to 15 year olds
Want to know what you can do to raise a resilient teenager?

Parents can play an important role in protecting their teenagers from mental health problems. It can be difficult to know whether a change in a teenager's behaviour is due to depression or anxiety, or is part of normal adolescent development.

Researchers from Monash University and the University of Melbourne have developed a new online parenting program designed to empower parents to make sense of adolescence and parent their teenager with confidence. The program offers practical strategies that parents can use to support their teenager's mental health.

If you are a parent or guardian of a child aged 12 to 15, you may be eligible to participate in a free trial of the program. Participation will take a few hours of yours and your child's time, over 3 to 12 months. Both you and your child will be reimbursed for your time.

Please note, as the program is designed to prevent depression and anxiety problems, researchers are looking for parents of teenagers who do not have any current mental health difficulties.

You may also like to contact the researchers at: med-parentingstrategies@monash.edu or on (03) 9905 1250.

Chappy Chat!

For over ten years our local School Chaplaincy has held a TOUR DE CHAPLAIN as a major fund-raising activity to support our youth through School Chaplaincy. The 2015 trial format is different from previous years. We are running an inaugural Many Peaks to Yarwun Tour de Chaplain on the 18th July 2015. Be one of the 100 riders who will start at the Grand Hotel, Many Peaks; ride through the picturesque Boyne Valley; over the historic Calliope River Bridge and onto the township of Yarwun to complete the 100k journey.

The 2015 Tour de Chaplain is a community ride that will help raise awareness and funds for School Chaplaincy in our local district. There are currently 9 Chaplains who need our support to keep them working across 14 State Schools in our district. There will be a Trophy awarded to the Team and Individual who raises the highest amount. This is a free pace ride for adults and under 18’s out of school. Students wishing to participate will need to ride with a parent or school supervision in a ratio 5:1. The pace this year will be much faster than previous years, so any students planning to ride will need to already be experienced at completing 100km, have an appropriate bicycle (definitely no BMX style) and an adult who is prepared to ride with them.

Go to http://gladstoneschoolschaplaincy.org.au/ and follow the link for further Tour de Chaplain information and registration details.

Meanwhile, check the Gladstone Regional Council details regarding the school holiday program. There's a fabulous variety of activities including Bike Maintenance, “Girls' Stuff”, urban wall art, horse riding and much more. As I said in last week's newsletter, students really benefit in so many ways by becoming involved.

Have a great week “getting amongst it!”

Yvonne

Food and You

This is a Year 9 elective subject within the Home Economics Department which runs for a semester.

During this time students participate weekly in cooking a variety of recipes including main meals and desserts. Towards the end of the semester students work with a partner to create either a sweet or savoury dish to be shared amongst the class in a celebration buffet.
The 7 Stages of Grieving Performance

State High was honoured to host Grin and Tonic Theatre Troupe’s production of The 7 Stages of Grieving. This Indigenous play, performed solely by the highly talented Chenoa Deemal, enthralled the audience from State High and Chanel College. The piece had high emotion, broken by comedic stories. There was a sense of sharing something very special together. There was also a great Q and A at the end, including helping pack up the many grains of sand and rocks.

What the students thought:

‘I thought it was very well performed. It was very emotional and I learned a lot about the Aboriginal culture and saw things from a different point of view.’ Kirra, Year 10

‘The actress was really expressive, she told Indigenous stories, I thought about how I was lucky in my life and I was thankful.’ Teah, Year 8

‘The 7 Stages of Grieving was really heartwarming but it was also heart breaking. It was good to see a Murri girl show her way of life to us.’ Ashleigh, Year 10

‘The 7 Stages of Grieving was a great performance. It explained and opened up what the Aboriginal people went through, for me. And helped to deliver such a wonderful and powerful message especially through her acting skills.’ Monique, Year 10.

‘It made me cry a little bit but I was also proud. It was a good show.’ Kiara, Year 7

Kids Outside the Box

Autism has many challenges. Kids Outside the Box wants to celebrate the person and their abilities. If a person has autism it is highly likely they have some sort of sensory processing challenge as well. Our support group meets once a month. We offer Sensory fun and Messy activities for the young at heart as well as resources (eg books games) and people who understand from experience the challenges of autism and or sensory processing disorder. We welcome any age. We don’t grow out of autism and adults on the spectrum do struggle with relationships and employment. It would be great to hear from others to know we are not the only ones and find out from those who know what has worked or not worked.

10 AM to 12 AM

Where: 5 Butler Street South Gladstone known as the community HUB

For assistance and questions contact us at 0427750130 or autismsupport4680@hotmail.com

NEW Secret Agent Society groups available contact to get info
Andy Griffiths excursion

Andy Griffiths, a world famous Author, is visiting Gladstone Entertainment Centre next term. This is very exciting news and luckily we have been able to book a limited amount of seats for year 7 and year 8 students.

WHAT:  See Author Andy Griffiths
WHO: Year 7 and 8 eligible students
WHEN:  Wednesday 15th July 2015 – 11am – 12pm Students will miss lesson 2, first break and lesson 3 as students will be walking there and back under the supervision of teachers. Students will need to have some food with them to snack on during their walk to the venue, but the tuckshop will be available for students to purchase from as soon as they return to school at approx. 12.30pm for their proper lunch break.
WHERE: Gladstone Entertainment Centre
Cost: FREE
Dress Code: School Uniform

The permission note needs to be handed to Ms Hipathite (found in the library!) by Wednesday 17th June 2015 (Week 9).

There is not room for all of us so it will be first in – make sure you don’t miss out! If you have any concerns or questions please feel free to contact Sheryl Hipathite on 49766180 or shipa1@eq.edu.au

North Keppel Project 2015

A group of Year 9 students have been engaging in developing an Environmental Action Plan as part of our North Keppel Project elective. After being inspired through a camp at the North Keppel Island Environmental Education Centre, the students formed groups with the explicit purpose of making a difference and influencing others to care. Some of the groups are looking to use this forum to make a difference. Please find the handywork of a couple of our groups below.

North Keppel Project – Kayla Z and Hannah C
When it comes to littering you say, “It’s just piece of paper right?” wrong! Many consequences come with littering including the death of animals and an unappealing environment.

Did you know…
• That 1.9 billion tons of litter ends up in the ocean every year?
• That $11.5 billion is spent every year to clean up litter?
• That 50% of littered items are cigarette butts?

Most people litter because they don’t know or understand the impacts of littering. So next time you decide to litter, think before you act.

Riley M, Tayla M & Craig M
Do you drive a boat? Are you a passenger? We are here to raise awareness about turtle boat strikes. If you are boating in the Gladstone harbour please try and avoid hitting these amazing marine creatures. STOP, SEARCH, SAVE is our motto;

STOP- slowdown in turtle feeding areas or where turtles swim.
SEARCH- search for the turtles or other marine life.
SAVE- save our amazing turtles from getting hit and injured.
Please follow us on Instagram @stop.search.save
**Sticks and Stones Production**

On Friday 12th June, Brainstorm Productions will be presenting the play 'Sticks & Stones' to years 7 and 8, a play about non-violent conflict resolution.

This is an entertaining way to promote discussion and to give the students guidelines for our anti-bullying/harassment policy. The message is clear - violence is not on - at school, at home, on the street, anywhere! We must learn constructive ways to deal with our anger.

This show will assist in creating a safe harmonious environment for students and staff and has won the Australian Violence Prevention Award.

For more information about the company follow this link or go to www.brainstormproductions.edu.au

**School Opinion Survey**

The annual School Opinion Survey will be conducted between 29 June and 31 July 2015. All families (previously a sample of families), school staff, and a representative sample of students will be invited to take part. We encourage you to take this opportunity to have your say about what this school does well, and how this school can improve.

More information about the surveys will be provided closer to the survey.