



STATE HIGHLIGHTS

Issue 9 | 3 April 2015



GLADSTONE
State High School



Words from our Principal

The first term of the year has come to a close with a great Cross Country event held on Tuesday. It was great to see the enthusiasm with which many of our students participated. It was nice of some of the year 7s to ask if I was running. Bless them for thinking I could.

The business end of the term is interim reports. These are a guide to how your student/s are progressing. Teachers have been contacting parents of student who we consider are at risk of failure. This is so that your student has the time to turn things around before the Semester Report. This is especially significant for our year 12 students. In just over 6 months they will be finished their time at school. The year 12 class should be concentrating on ensuring they receive a Queensland Certificate of Education (QCE) at the conclusion of their 12 years of schooling. There are very specific criteria that students have to meet to receive one of these and these include passes in literacy and numeracy. If you require more details about the QCE, you can contact the Head of Senior School, Mr Hooley.

One of the school improvement focusses for 2015 is COMMUNITY AND CONNECTION. The year 12 senior leaders are indeed leading the way with their #getamongst2015 school life. Tonight will see a whole school movie night for those students who are eligible. It will be a great way to celebrate the end of a busy term.

You may start to see some STATE HIGH stickers adorning cars around Gladstone. This is a great way to show the people of Gladstone that we are proud of our school. You can pick up a sticker at the front office and all new enrolments will receive one upon enrolment as a welcome to the State High community.

One of the great parts about State High is the sense of pride that many of its graduates feel about their association with the school. I have met many people in town who are very happy with the education they got at State High and are very prepared to tell me that it's a great school. State High is built on tradition, excellence and providing opportunities for its students. Parents of the school expect that our standards are kept high. This particularly is important when we consider the standard of presentation and uniform. From the formal uniform to day uniform, it is important that when our students are out and about they remember that their actions reflect on all who wear the blue and gold. Standards of personal appearance are important at school and will be in the work place. Even adults have to adhere to standards of dress, footwear and personal presentation in the work place.

Our dress code states that "we encourage predominantly natural haircolours" yet I am starting to see very vibrant hair dyes creeping in to the school. I have raised this issue with the parent body of the school and their feedback is that they too believe the standard should be natural colours. In order to assist with ensuring there is a clear statement about our expectations, the issue will be raised and the dress code amended if parents are in agreement at the next P&C meeting. All parents who are members of the P&C are encouraged to have input into this issue. My commitment is to contribute to maintaining and building a school that is committed to standards that reflect well for the reputation of the school in the community.

I hope that you enjoy a pleasant Easter break – it's a great time to get away – the weather a bit milder and it has the added advantage of being enhanced by chocolate. I will fly to South Korea to represent Gladstone State High School on the Australian Principals' Korean Study Tour. I look forward to learning more about this beautiful country and experiencing some of their culture.



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- Well done Jack!

Uniform Shop opening hours

MONDAY 8:15-11:15
WEDNESDAY 11:00 - 2:00
FRIDAY 8:15-11:15

Phone Chris on
(07) 4976 6193

Order Forms and Pricing Forms
can be collected from the front
office or found in Enrolment
Packs

NOTE CANTERBURY SHORTS
ARE NOW IN STOCK AT THE
UNIFORM SHOP!

The Uniform Shop has great
specials on the older style
fleece jumper, going out for
only \$15.00!!!
Sizes available are
4,6,8,10,16,18 and 22. Be quick
and don't miss out on this great
saving.

SHOP CLOSED 1ST OF APRIL
2015 AND RE-OPENING ON
20TH APRIL 8:15am
SEE YOU THERE!

30 Dawson Highway, PO Box 260, Gladstone, QLD 4680

Phone: (07) 4976 6111 | Fax: (07) 4976 6100

Absentee Notification: (07) 4976 6158

Education Queensland International | Department of Education, Training and Employment | CRICOS Provider Code: 00608A

the.principal@gladstonshs.eq.edu.au

www.gladstonshs.eq.edu.au

absentees@gladstonshs.eq.edu.au

Quick News

Year 12 Special Provision

Any year 12 students wishing to apply for special provision for the Queensland Core Skills (QCS) Test, please see either Mr Jackson or Mrs Dalton for more information.

GSHS Careers Bulletin

GSHS now has available a careers website and fortnightly careers information bulletins. The website is available at www.gladstoneshscareers.com and will be updated regularly. The career information bulletins will be emailed fortnightly to all parents/carers as well as students in Years 10, 11 and 12. There will also be hard copies at the office for parents who do not have email access.

Beef Australia 2015

On Monday 4/5/15 to Saturday 9/5/15 Beef Australia 2015 will present career snapshots providing an insight into the diverse range of career options available in agriculture and real-life career pathways into the industry. Any students who are interested in this career pathway can see Mrs Christopoulos in Senior Schooling for more information.

Id Card Collection

If you have not received your ID CARD, it can be collected from the library before school or during lunch breaks.



Chappy Chat!

• DRUMBEAT for parents with Lea Sycamore @ GSHS in the Lecture Theatre. This shortened trial will begin in WEEK 2 in Period 4 on Monday (27 April). If you are interested and able to commit for 4-5 weeks, please email/phone asap as there are only 3 positions still available. It is free and all you need to wear is comfortable clothing so that you can sit with your legs around a drum! Give yourself permission to enjoy this opportunity in amongst those continuous demands of life.

• Fortnightly Parent Morning Teas beginning April 28 at 9am. These opportunities will have an informal format, but there will be the space to have very short information sessions on such things as: Support services within the school, CYMHS guest speaker, PCYC Guest speaker, P&C guest speaker, Roseberry guest speaker, Teenage Anxiety, Teenage Depression, The teenage brain, Resilience, etc. The broad goal is to support communication amongst parents and provide encouragement from one to the other as we struggle to nurture our youth in such a fast-paced world. I would see these sessions as being intentionally focused on how we can make positive tweaks in our daily lives so that parents walk away stronger and more confident with a growing tool bag of information.

Our life-skills sessions have finished in SEP. I want to say a huge thank you for the amazing support and encouragement in delivering the activities. I believe many of the students really took on board such things as the need for courage whenever we are challenged by circumstances and focusing on the task as one strategy to help us through. Difficulties are a fact of life and it's important that our youth learn and accept that sometimes "it's not all fun", and that's okay because we need to develop resilience skills to handle those darker times.

Tough times might seem like a marathon, but it's important to keep in mind that they do come to an end. "Don't look at the snapshot and think it's the whole movie", says Wendy Mogel PhD Clinical Psychologist. "if you want rainbows, you gotta have rain", is another common expression. Looking for the good in every situation is one strategy for dealing with trials and disappointments. By overcoming our adversity, we find the joy in everything. So, go and "play in the rain" this Easter holidays and may you find the blessing within.

Chappy Yvonne

Parent/Teachers Interviews

At Gladstone State High School, we view the partnership between home and school as central to improving student outcomes and helping young people reach their full potential both academically & socially.

For this reason, we invite you to take part in our Parent/Teacher Interviews to be held on Monday May 4, 2015 for all year levels between 3.30 and 6.00pm in F Block. An information letter will be sent home with students' reports which you should receive early in the week commencing Monday April 27 2015. This includes details on how to make appointments using the web based booking system, Parent Teacher Online. The link to the system can be found on the school website: www.gladstonshs.eq.edu.au. If you do not have access to a computer you can phone the school on 49766130 to make appointments over the phone.

Appointments must be booked with the teacher before the day and, to avoid disappointment, it is advised to book as early as possible. Bookings can only be made from 9:00am Monday April 27 through to 8:00am Monday May 4, 2015.

Parent/Teacher Interviews are a wonderful opportunity to discuss your student's progress at school. Some points you may like to raise in the interview are:

- o Ways of working with your student towards improvement in achievement.
- o Specific areas of your student's strengths.
- o Specific area in which your student is experiencing difficulty.
- o How much effort is my student putting into the subject?
- o What type of homework should I be monitoring?
- o How is my student progressing in life long skills such as teamwork, communication, leadership, organisation, literacy, good manners and so on?
- o How is my student progressing socially?

We look forward to seeing you there

Kevin Giles
Deputy Principal
Gladstone SHS



Careers Corner

Cert II in Resources and Infrastructure Work Program

The Cert II in Resources and Infrastructure Work Program is suitable for male and female students looking for careers within the resource sector in various trades including Auto Electricians, Diesel Fitters, Operators, Carpenters, Boilermakers, Fixed Plant and mobile machinery, engineer, geologist, surveyor

The program intake will commence on 30 April 2015 so that students are on track to complete by 30 October 2015.

The program exposes students to a range of entry level knowledge and skills within the Minerals and Energy Sector as they undertake a practical project that simulates workplace practice.

The program is self-paced online interactive and has self-marking assessments to be completed during class time

Students can come to CQUniversity or they can be supported by a teacher on site during weekly lesson time

It is a requirement for all students to attend 1 week at a trade training centre participating in the Make It Now in Trade (MINT) camp (during the school holidays)

CQUniversity Partners to this program are QMEA, BMA, Glencore, Anglo American, CSG Companies and many other supporters.

Industry endorsed ASQA Compliant with flexible delivery Trainer communication and support functionality

Well done Jack!



Congratulations goes out to one of our year 10 students Jack on the amazing efforts with his swimming

Jack qualified for the maximum 8 individual events over the 3 days, and contested the Finals in:

- 50 Freestyle
- 50 Backstroke
- 50 Butterfly
- 50 Breaststroke
- 100 Freestyle
- 100 Backstroke
- 200 Individual Medley
- 200 Freestyle

Jack swam 7/8 Personal Best times and broke 3 Swimming QLD State records, in the 50 Fly, 100 Fly and 50 Free.

He ended the championships with 7 individual State medals, even taking Gold as the QLD School Champion 2015 (16-19 years) in the 50 Butterfly.

Jack won State medals in the following Finals Events:

- Bronze - 50 Backstroke, 100 Backstroke, 200 Individual Medley, 200 Freestyle.
 - Silver - 50 Freestyle, 100 Freestyle
 - Gold - 50 Butterfly
- He also finished in 4th place in the final of the 50 Breaststroke.

At the end of the meet, Jack was selected to compete at School Sport Australia Swimming Championships, as a team member of the QLD Swimming Team. This event doubles as The Pacific Games, with over 20 countries set to compete from the Asia - Pacific Region.

The Pacific Games/National Championships will be held in Adelaide in November, and Jack will be part of 2 QLD Relay Teams, plus compete in the maximum number of Individual Events in the 16-19 year old age category.

Also, this weekend, Jack will be heading to Sydney to compete at The Australian Swimming Championships (televised on channel 10... how exciting) amongst all of the current Australian Swimming Team... What an awesome experience!

Well done Jack! Gladstone State High is very proud of you!!

The 7 stages of Grieving

By Wesley Enoch and Deborah Mailman



Gladstone SHS is only one of two regional schools to be touring this show. This is an opportunity that should not be missed.

**Gladstone SHS Hall
Friday May 8th - 9am
\$10**

Collect permission forms at the Arts Staffroom and pay at the office.
See Miss Strudwick for further details or call 49766168

...the play is not just story telling. It is not nice. It is not easy... It is structurally complex, and audiences will need to work hard to grasp the analysis of culture and place. For Murri audiences, a sense of celebration emerges from the grieving.

About this production:
Chenoa Deemal (*Mother Courage and Her Children*) is the Aboriginal Everywoman who brings a fresh, light approach to the storytelling; it's a completely new take, as it should be. She studied acting at ACPA and QUT, but comes from the Thitharr Waera tribe in Hopevale, north of Cooktown in the Cape York Peninsula. The language we hear is Deemal's language and the traditional elements of this production are her people's traditions.

Deemal takes centre stage after emerging from the darkness to pour concentric circles of rainbow coloured sand, its phosphorescence glowing eerily, disconcertingly, around a mound of red earth (*the land, the source, the spirit, the core of everything*) and a suitcase containing the photos of family members who have died. It's poignant, it's ritualistic, and the irony and deep sorrow is never lost, only veiled in more comical moments throughout the show. Deemal's casual comedy shines in *Nana's Story* (no matter what you were having for dinner there was always rice), and in *Murri Gets a Dress*, delivered in stand up comedy style, complete with a hand held microphone. Audience members on opening night shrieked with laughter.



Dates to Remember

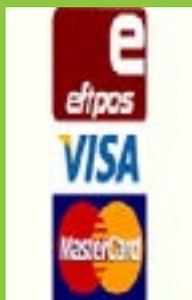
2nd April 2015
LAST DAY OF TERM 1

3rd - 19th April 2015
Easter Holidays

20th April 2015
SCHOOL COMMENCES

24th April 2015
ANZAC Day Parade

25th April 2015
ANZAC DAY



SCHOOL PAYMENTS
PLEASE BE AWARE THAT
EFTPOS TRANSACTIONS HAVE
A LIMIT OF \$10



AgForce – School to Industry Partnership Program (SIPP) and Central Queensland University (CQU) invites secondary students to an informal barbeque dinner and conversation about career pathways with those already involved in the agriculture industry. Young leaders from the Beef Industry will be in attendance as well as other representative from a range of organisation including AgForce & Department of Agriculture and Fisheries

This event will provide students looking forward to a career in agriculture information on career pathways and a greater understanding of the diverse and exciting job options available in the industry.



Where: Rockhampton State High School, 1 Campbell Street, Rockhampton

Date: 3 May 2015

Time: 5:00pm - 7pm

RSVP: To futureag@agforceqld.org.au



AgForce – School to Industry Partnership Program (SIPP) invites students and parents to Career Snapshots – Your Agri-Future. Young agriculture industry professionals will present career snapshots providing an insight into the diverse range of career options available in agriculture and real-life career pathways into the industry. The speakers will represent varied aspects of the agriculture industry from producers and policy makers to researchers, teachers and marketers.

The event will provide students looking forward to a career in agriculture real-life examples of career roles and pathways and a greater understanding of the diversity of exciting career options available in the industry.



Where: James Lawrence Pavillion, Rockhampton Showgrounds

Date: 4 May 2015

Time: 1:30pm - 3:30pm

RSVP: To futureag@agforceqld.org.au



Student Name: _____

Care Group: _____

Date: ____/____/____

Reason (Circle): Sick / Personal / Family / Other

Date: ____/____/____

Reason (Circle): Sick / Personal / Family / Other

Student Absent from School:

Parents are required to authorise all student absences. This can be done by the following ways:

- Email – absentees@gladstonshs.eq.edu.au
- Phone: 49766158
- Written Note
- Notification Slip found in Newsletter (to the left of this article)
- Text Messaging Only – 0407 096 034 (reply only to schools text message)

Details that need to be included on each of these are:

- * Student's Full Name
- * Care Class
- * Date/s
- * Reason

Gladstone Link, Anywhere Healthcare

- New programs are available that focus on children who experience symptoms of anxiety.
- delivered via video conferencing and are free to people in the Gladstone Region:
- Cool Little Kids Program: for parents of shy or anxious children aged 3 to 6 years and is designed to help provide parents with the skills to build their child's confidence.
- Cool Kids: for children 9 to 12 years who present with elevated levels of anxiety (separation anxiety, specific phobias, social phobia or generalized anxiety)
- Free online psychology services for adolescents, adults, couples and family in the Gladstone region, which includes after-hours and Saturday appointments.
- Agency and self-referrals to 1800 000

DID YOU KNOW
Grow is a unique group that offer mutual support and personal development and friendship to people experiencing a range of life situations including loss of a job or a loved one, a relationship breakdown, loneliness or for any other reason.

- This is a free program and welcomes anyone over 18 years.
- Anglicare, 50 Young Street, Gladstone on Fridays [10am to 12pm]
- Contact Lynn on 0418 189 533 or

www.grown.org.au.



GLADSTONE
State High School

GSHS CORE VALUES

VALUES

To empower students to reach their full potential through quality learning experiences in a supportive and challenging school environment.

RESPONSIBILITY

- Give your best
- Be dependable
- Make appropriate choices
- Be fair • Have a go
- Take your opportunity to lead, otherwise be a good team member

EXCELLENCE

- Doing your best
- Seek to accomplish something worthy and admirable
- Try hard
- Keep trying and pursue excellence
- Expect high standards

RESPECT

- Value yourself and others
- Respect your environment
- Act and speak courteously to everyone
- Be kind to animals
- Foster good relationships
- Foster school pride

HONESTY

- Be truthful and sincere
- Be trustworthy
- Admit your mistakes
- Learn by your mistakes
- Seek truth, good and right

SAFETY

- Look out for yourself and others
- Practise safe and hygienic habits
- Follow the rules