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HPV Technology Challenge

A few weeks ago, Gladstone State High took the largest number of teams to the HopeLink CQ HPV (Human Powered Vehicle) Challenge.

Students had an opportunity to practice riding the bikes, improve their changeover times as well as ensuring the bikes were mechanically sound. More importantly it was a day of fun, cheering their team mates on as well as stretching themselves to new challenges.

Students are now madly preparing for the RACQ Technology Challenge which will be held next weekend (9-11 September). Thousands of students from schools across Queensland take part in the ultimate test of physical and mental endurance; racing their Human Powered Vehicles (HPVs) through the streets. The event is a gruelling 24-hour race, where teams pedal non-stop to win and take out the Maryborough Technology Challenge title. Gladstone State High has had teams place in the top 10 in various categories over the years and the students are determined to do it all over again.

Good luck students!



Uniform Shop

NORMAL HOURS

MONDAY 8:15-11:15

WEDNESDAY 11:00 - 2:00

FRIDAY 8:15-11:15

Phone Chris on:
(07) 4976 6193

ABSENTEE TEXT MESSAGE
NUMBER HAS NOW CHANGED
TO 0400244477

PLEASE BE AWARE **NO GLASS**
WATER BOTTLES AT SCHOOL
DUE TO SAFETY REASONS

**GSHS Students Homework
Centre**

Every Wednesday
3:15pm - 4:30pm

Contact: Mrs Margie Keefe
4976 6174

DARE TO BE DIFFERENT

MULTICULTURAL WEEK EVENT
PCYC GLADSTONE AGE 12 - 17

Entry Fee: Gold coin donation
WEAR CRAZY CLOTHES
FREE NEON FACEPAINT & HAIRSPRAY
ROLLER SKATING GAMES
Food & drinks to purchase
6:30PM - 9:00PM
03 SEP 2016

PCYC Gladstone 53 Yarroon Street Gladstone Qld 4680
P: 07 4972 3122 W: pcyc.org.au/Gladstone

Find us on Facebook
Gladstone PCYC

presented by



30 Dawson Highway, PO Box 260, Gladstone, QLD 4680

Phone: (07) 4976 6111 | Fax: (07) 4976 6100

Absentee Notification: (07) 4976 6158

Principal@gladstonshs.eq.edu.au

www.gladstonshs.eq.edu.au

absentees@gladstonshs.eq.edu.au

Chappy Chat

Welcome to Gladstone State High School

Gladstone State High School is a dynamic, progressive and internationally accredited school which meets the needs of 21st century learners. Our school focuses on the development of positive relationships with students and the community, diverse and individual pathways for students, quality responsive teaching, improved learning and innovation. We have a strong focus on school improvement and the creation of quality pathways for all.

Our Vision:

Clever, skilled and creative students making healthy choices.

Our Purpose:

To provide students with the knowledge, skills and confidence to maximise their potential enabling them to make a positive contribution to society.

Our Values:

We value and build on our strong traditions of excellence, resilience and inclusiveness in a productive learning and teaching environment, where we are respectful, safe, responsible and engaged

GLADSTONE
State High School



Chappies' Chat



"Love is not something you feel. It's something you do." (David Wilkerson)

How do I love the "unlovable"? I think back on my life and I know there were times when I was pretty unlovable. Sometimes, I "got what I deserved" and it really only exacerbated the situation or broke relationships. When I was unwilling, uncaring or unloving and the hand of grace was held my way, I did not always value (at the time) what was being offered. But then do we always remember every meal we have eaten? And yet, the sum of those meals is that my body is nourished and grows. Experiencing grace, experiencing forgiveness may not change me immediately, but it allows for me to grow in empathy and compassion towards people around me and eventually to extend that same infinite love to those in my life.

"Hurting people hurt people" and it's often easier to return hurt with more hurt. But in doing so, we actually condemn ourselves to misery, self-doubt or unhappiness. To love without limits, expecting nothing in return sometimes costs something – perhaps your time, money, or even a change of heart.

We don't always "get it right" with our loved ones, but may you grow in strength to be more sensitive and generous towards those that seem to irritate, agitate, and generally don't seem to deserve your love. May you feel enabled to choose love today.

"The measure of love is to love without measure."

Enjoy the possibilities it offers,

Yvonne and Jarek

(ykamh2@eq.edu.au) (jreah0@eq.edu.au) Ph 49766162

NDIS READINESS WORKSHOP

TAKING PART IN THIS WORKSHOP WILL INCREASE YOUR PREPAREDNESS FOR THE FUTURE AND READINESS FOR THE NATIONAL DISABILITY INSURANCE SCHEME (NDIS) WHICH WILL BE ROLLED OUT IN QLD FROM 1ST JULY 2016.



Date: 13th September 2016
Location: Gladstone Community Hub
5 Buller Street
GLADSTONE QLD 4680
Time: 10.00 am – 12.30pm
Register Now – reserve a seat
Places limited

OTHER SUPPORT IS AVAILABLE.

If you would like to discuss any of the topics further or would like to speak to someone at a later date please mention this to the Presenter or phone Parent to Parent.

Free call 1800 777 723 or Ph: (07) 5472 7072.
E: info@parent2parentqld.org.au

Refreshments provided.

Please complete one registration form per person.

Registrations are available online at www.parent2parentqld.org.au/events or by calling Parent to Parent on Free call: 1800 777 723

This workshop is an NDIS Participant Readiness activity funded by the Department of Communities, Child Safety and Disability Services.



Do you like to work outdoors?

EQIP Technical College will be providing students the opportunity of gaining their Certificate I in Construction

This qualification will provide entry level skills and knowledge to work in the building and construction industry. A broad range of skills will be learned to help students decide which area of building and construction they wish to follow, for example, bricklaying/blocklaying, carpentry and joinery, and painting and decorating.

This qualification provides an introduction to the construction industry, its culture, occupations, job roles and workplace expectations. The units of competency cover essential occupational health and safety requirements, the industrial and work organisation structure, communication skills, work planning, and basic use of tools and materials.

For further information contact Karen or Natasha at the Technical College on 49766175



Government Funding Made Simple



FREE INFORMATION SESSION FOR LOCAL BUSINESS AND INDUSTRY

EQIP Technical College would like to invite local businesses and industry to an information evening about how to apply for funding and the support available to boost the skills of your workforce in Gladstone's economic climate.

We have Expert Speakers who will deliver short information session on funding and Gladstone's future.

- Carli Homann: Chief Executive Officer - Gladstone Engineering Alliance (GEA)
- Deborah Mead: AusIndustry
- Nicola Curtis: QMI solutions
- Nikki Spinks : Apprenticeships Support Australia

Venue: EQIP Technical College, corner of Boles and Dawson Hwy
 Date: Tuesday 6th September 2016
 Time: 5pm arrival for 5:30 start

For further information or registration:
 Contact: Karen Dixon
 Phone: 49766175 / Email: kdixo18@eq.edu.au
 RSVP : Monday 5th September 2016

Quick News

BYOX laptop setup

Reminder to any students that are part of the BYOX program that have not yet been connected to the school internet to see the IT technicians in F block during either break or before school to have this work completed.



Tonka Magazine

Order your copy of the 2016 Tonka magazine now. Magazines are \$18 each.

Year 12 Eligibility

The current Eligibility status of the Year 12 students is published outside the Year Co-ordinator staffroom. If students have not met this criteria they were able to submit a written letter of appeal to the Principal for consideration. This letter had to be received by Friday 19th August in order to be considered eligible for the Year 12 Prom. Students must then remain eligible until officially being invited in Term 4. This date has been set for appeals to be received to allow for a review time and for organisation of the event. Any questions regarding this process can be directed to the Yr 12 Co-ordinator Mr Tristan Nietfeld on 49 766 179.



Dawson Hwy, Gladstone
 Phone: 4976 6101
 Fax: 4976 6191



Responsibility | Excellence | Safety | Honesty | Respect

Online Safety

Parents and caregivers urged to talk to their children about their online safety.

A few weeks ago it was brought to Police attention that a website was set up that facilitated the trading of images of nude school girls online. The report and its details were quite shocking, with 71 Australian schools being targeted. Gladstone State High School was not identified as being targeted.

The website was shut down, however another website of similar nature has re-emerged.

The Australian Federal Police (AFP), including ACT Policing, is continuing to work with New South Wales Police, South Australia Police, Northern Territory Police, Victoria Police, Queensland Police and Tasmania Police, and relevant government agencies, including the Office of the Children's eSafety Commissioner, as well as international law enforcement partners to evaluate this offshore website and determine the appropriate course of action. Websites hosted overseas create jurisdictional difficulties and investigations of this nature are complex. Police urge victims of this website to come forward and speak to their local police. Australian law enforcement agencies are committed to following all avenues of enquiry and should offences within Australia be identified, action will be taken.

It is critical for parents, caregivers and teachers to talk to their children about the importance of respectful relationships, both on and offline. Many children and young people are unaware of the legal and ethical consequences of sexting. Under Commonwealth law, an image of someone under the age of 18 in which they are naked, in a sexualised pose, or engaged in a sexual act may constitute child pornography.

It is important to note that creating, accessing or distributing child pornography is a serious offence, even if you are a child yourself. Such offences have a maximum penalty of 15 years' imprisonment.

We must work together to educate and empower young people to use technology safely and responsibly. Giving young people strategies to say 'no' to inappropriate requests or to report suspicious behaviour are paramount to keeping them safe from harm.

The national ThinkUKnow cyber safety education program is focused on preventing children from being groomed or mistreated online. For more information and to book a free cyber safety presentation, visit www.thinkuknow.org.au.

If you are a victim or you believe your child is a victim, talk to your local police or call Crime Stoppers on 1800 333 000. Offensive and illegal content can also be reported to the Office of the Children's eSafety Commissioner, who can investigate and take action on content that is likely to be prohibited under law. The Children's eSafety Commissioner also has information to assist parents and caregivers in educating children around the safe use of the internet via its website. The impact of this issue can be devastating for victims. If your child needs further support, please encourage them to contact Kids Helpline on 1800 55 1800.

Media enquiries:

AFP National Media: (02) 6131 6333 Subscribe and receive email alerts (link: <https://www.afp.gov.au/news-media/media-releases>) when new media releases are published.

Quick News

Sporting Awards

All students please check the list outside the PE Staffroom and Office to make sure you are getting credit for your sporting achievements this year. Whether it be interschool, Port Curtis, Capricornia or State level achievements in and out of school time. If you are not on the list, or something has been left off please see Mrs Marrable (in the PE Staffroom) with a note from your teacher/coach so I have proof you have represented the school/district in your chosen sport. Students have until the end of August to sort this out. In

September sporting awards will be short-listed and put on display outside the office.



Deodorant cans are banned

Deodorant cans are banned at our school as they can cause serious problems with students with asthma and other lung conditions.

Deodorant cans will be confiscated and returned at the end of the day.



ONLINE SAFETY
IT STARTS WITH
YOU!

Dates to Remember

Exam block years 11 and 12
5th September - 9th September

HPV Competition
9th September - 11th September

Year 7 Camp
12th September - 16th September

School Holidays
17th September - 2nd October

Awards Night
25th October

Senior Awards day
2nd November - 9:30am start

Junior Awards day
TBA

Public Holiday
3rd October

Pupil Free Day
17th October



SCHOOL PAYMENTS

BPOINT - AVAILABLE FOR PAYING INVOICES. PLEASE SEE BOTTOM OF INVOICES FROM NOW ON OR YOU CAN REQUEST A COPY OF YOUR INVOICE BY EMAILING accounts@gladstonshs.eq.edu.au

- PLEASE BE AWARE THAT WE DO NOT PROCESS EFTPOS TRANSACTIONS UNDER THE LIMIT OF \$10

EQIP gladstone

APPLICATIONS FOR 2017 INTAKE NOW OPEN

EQIP provides opportunities for Year 10, 11 & 12 students to complete qualifications and authentic work experience onsite at local business and industry. EQIP partners with Tannum Sands, Toolooa, and Gladstone State High Schools to offer the following pathways:

Automotive Mechanical, Civil Construction, Building Construction, Engineering Manufacturing, Process Plant Operations, Hospitality, Tourism, Business Services, Health Support Services

Contact EQIP today to learn more about our programs!

EQIP Partners:

www.eqipgladstone.com.au
Phone: 07 4976 6129 | 0418 745 848
admin@eqipgladstone.com.au

Asthma and Hay fever

Asthma and hay fever are closely linked, so managing hay fever and allergy is an important part of asthma care. Better control and management of hay fever has been shown to improve asthma control in both adults and children. 4,5,6,7

Asthma affects 2.3 million Australians

People with asthma and hay fever experience:

- Increased number of asthma flare-ups.
- Increased number of visits to their GP and asthma-related hospitalisations.
- Higher annual medical costs 2,3,4.
- More time off work or school.

80% of people with asthma also have hay fever.¹

Hay fever can make asthma worse and more difficult to control.

Asthma Week 1-7 September

Contact your local Asthma Foundation **1800 ASTHMA** Helpline (1800 278 462) or visit www.asthmaaustralia.org.au

GSHS CORE VALUES

VALUES

To empower students to reach their full potential through quality learning experiences in a supportive and challenging school environment.

RESPONSIBILITY

- Give your best
- Be dependable
- Make appropriate choices
- Be fair • Have a go
- Take your opportunity to lead, otherwise be a good team member

EXCELLENCE

- Doing your best
- Seek to accomplish something worthy and admirable
- Try hard
- Keep trying and pursue excellence
- Expect high standards

RESPECT

- Value yourself and others
- Respect your environment
- Act and speak courteously to everyone
- Be kind to animals
- Foster good relationships
- Foster school pride

HONESTY

- Be truthful and sincere
- Be trustworthy
- Admit your mistakes
- Learn by your mistakes
- Seek truth, good and right

SAFETY

- Look out for yourself and others
- Practise safe and hygienic habits
- Follow the rules



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