



In this Issue

Page 1

Crazy Hair Day
Meet our Mascot Stan!

Page 2

Year 7 Camp

Page 3

Chappy Chat
This week's SWPBS Mission

Page 4

Words from our Principal

Uniform Shop opening hours

MONDAY 8:15-11:15
WEDNESDAY 11:00 - 2:00
FRIDAY 8:15-11:15

Phone Chris on
(07) 4976 6193

Order Forms and Pricing Forms can be collected from the front office or found in Enrolment Packs

NOTE CANTERBURY SHORTS ARE NOW IN STOCK AT THE UNIFORM SHOP!



Crazy Hair Day



The Senior Student Council held a Crazy Hair Day as the fund raiser for the Leukaemia Foundation's World's Greatest Shave. The students had been collecting money for 2 weeks prior to the day to reach our \$3500 goal in order for 15 staff & students to be brave and shave. With the money collected from this and the Fluro Free dress we had reached \$3800 by Friday morning. With the money raised from the Wax Strip Auction and Coloured Hairspray and generous donations by the GSHS community we had reached \$4500 by the end of the day. We would also like to acknowledge the Gladstone Cinemas who made a cash donation to each student and rewarded the bravery with a double movie pass. We would like to thank everyone that donated to this cause and all the younger grades at GSHS for embracing and becoming involved in our school traditions.



MEET OUR MASCOT STAN!

SAY NO TO BULLYING



Year 7 Camp

During week 6 the Year 7's went to Tanyalla for their mateship camp. The students enjoyed a range of activities including meeting new friends and heaps of team challenges. We have some very talented Year 7 students who shared their abilities with us, simply amazing! A big thankyou to all the staff who helped make this opportunity possible for the students as well as thankyou to all the parent volunteers who travelled out to help feed the students during the week. It was a great time to get to know each other and a fantastic beginning to the year.

Janelle Haigh
Year 7 Coordinator



Quick News

Year 12 Special Provision

Any year 12 student wishing to apply for special provision for the Queensland Core Skills (QCS) Test, please see either Mr Jackson or Mrs Dalton for more information.

GSHS Careers Bulletin

GSHS now has available a careers website and fortnightly careers information bulletins. The website is available at www.gladstoneshscareers.com and will be updated regularly. The career information bulletins will be emailed fortnightly to all parents/carers as well as students in Years 10, 11 and 12.

P&C Annual General Meeting

All parents are invited to attend the AGM on the 23rd of March 2015 at 6:30pm followed by a general meeting at 7pm in the Admin Conference Room

Congratulations Chloe!

Technical College would like to congratulate Year 12 student Chloe who has received an opportunity to complete a Traineeship with Yaralla Sports Club in Certificate III in Business Administration



GLADSTONE
State High School



Careers Corner

It is important to remember that work experience is a valuable way for all students to try different Career Paths, before making specific career choices. This gives students a complete understanding of what a particular job requires. The work experience programme at Gladstone State High School encourages students to undertake work experience placements regularly over the school year, whether it be on holiday blocks or set blocks as determined at the beginning of the year. This not only helps students to determine what they want to do when they leave school but also helps to cement a good foundation when applying for apprenticeships or outside jobs. Work experience is looked upon very favourably by the outside community when selecting a number of candidates for only a few positions. There are a number of opportunities for work experience available at the moment both in administration, industry and other fields. Any students 14 years and over interested can see Mrs Christopoulos in Senior Schooling in K Block during break times for information.



Chappy Chat!



Are Your Teens Talking to You? This was an interesting article I came across by author and presenter Michelle Mitchell. Research shows that the majority of parents and teenagers actually do want to talk to one another. However, the communication doesn't always come naturally.

Michelle gives five strategies that help open the lines of communication.

Firstly, "Don't get offended". What teenagers say in the heat of the moment may not be a true reflection of what they have happening inside. Such statements as "I hate you", usually means something like "I'm really annoyed right now" and the "Roll of the eyes" or "Whatever" will pass just as surely as "13 will pass on to their 14th birthday".

Secondly, "Delay your agenda". Taking time to establish communication according to your teenager's headspace, will be more successful.

Thirdly, "Listen with your heart". We may not agree with everything our teenagers say, but sometimes they just need to express what's inside them (to be listened to).

The fourth suggestion was to choose carefully when you talk. Straight after school probably isn't the best time to chat. Perhaps you're better to take a walk together, drive somewhere, have "a big feed" or whatever is more conducive to a conversation.

The last suggestion was to "spend time together". This doesn't necessarily ensure conversation, but it certainly allows for the fact that if you are there, and your teenager needs to talk, they will most likely talk with you.

For further information check out Michelle's website: <http://michellemitchell.org>
Until next week, enjoy spending time together,

Chappy Yvonne



This Week's SWPBS Mission...

HANDS AND FEET TO YOURSELF



GLADSTONE
State High School

Words from our Principal

Gladstone State High School has three foci in 2015 as part of our school improvement agenda:

- Writing
- Year 12 Outcomes
- Community and connection

How are we progressing in these areas so far this year?

We were featured in the Observer on March 17 with an article on the great work happening in our Junior School around writing. The aim of our program is to ensure that students are explicitly taught the skills of writing so that they are able to write fluently in a range of genres or types of writing. By giving students strategies and skills to improve their writing and by using concrete feedback, students are able to see quick improvement in the complexity of their writing. The program we use at State High has been sourced through Harvard University. It is great to see the quality of the writing that our students are producing: "The cat was walking cautiously across the old, rundown road. The sun was shining, creating a glare for the truck driver. I wondered...would the cat get out alive? The cat was as quick as the speed of light. It ducked and weaved its way out from under this living, breathing beast. I sighed in relief, knowing that this day could have been its last." Josh, year 7.

We have met with parents of our year 12 students to work through the OP process. Students are having meetings with co-ordinators and Guidance Officers now so that they have the best chance of successfully attaining the course of their choice in 2016. Core Skills preparation is continuing with specific work of strategies to increase efficacy in the Writing Task – one of the tough parts of the QCS test. Year 11 students are preparing for year 12 with processes to ensure that they are connected and succeeding in year 11.

Gladstone State High is very proud of the efforts of staff and students with our "Shave for a Cure" day – with over \$4500 raised. An outstanding effort but also a very personal commitment by the male and female teachers who had their heads shaved and by the students. The entire day spoke well of the sense of community at Gladstone State High. This will be followed up with our commitment to the National Day of Action Against Bullying this Friday. We have a number of activities occurring and these include having a selfie with STAN our mascot and our slogan competition. The school will rise for a communal 30 seconds silence in support of this national campaign against bullying.

One of the more obvious components of bullying is physical aggression. We will not accept physical violence as a solution to any situation. The rule is simple; "Keep hands, feet and objects to yourself." I am disappointed when students use reasons like they were calling me names/ annoying me/ staring at me/ posted something on facebook to rationalise physical violence. Considering the publicity around things like domestic violence and coward punches, we must all adopt a stance that physical violence will not be tolerated – at all.

Dates to Remember

25th - 27th March 2015
Year 12 Exam Block

31st March 2015
Cross Country

2nd April 2015
LAST DAY OF TERM 1

3rd - 19th April 2015
Easter Holidays

20th April 2015
SCHOOL COMMENCES



SCHOOL PAYMENTS

PLEASE BE AWARE THAT
EFTPOS TRANSACTIONS HAVE
A LIMIT OF \$10

Student Absence Notification

Student Name: _____

Care Group: _____

Date: ___ / ___ / ___

Reason (Circle): Sick Personal Family Other

Date: ___ / ___ / ___

Reason (Circle): Sick Personal Family Other

Date: ___ / ___ / ___

Reason (Circle): Sick Personal Family Other

Parent's Signature: _____

Student Absent from School:

Parents are required to authorise all student absences. This can be done by the following ways:

Email – absentees@gladstonshs.eq.edu.au

Phone: 49766158

Written Note

Notification Slip found in Newsletter (to the left of this article)

Text Messaging Only – 0407 096 034 (reply only to schools text message)

Details that need to be included on each of these are:

* Student's Full Name

* Care Class

* Date/s

* Reason



GLADSTONE
State High School

GSHS CORE VALUES

VALUES

To empower students to reach their full potential through quality learning experiences in a supportive and challenging school environment.

RESPONSIBILITY

- Give your best
- Be dependable
- Make appropriate choices
- Be fair • Have a go
- Take your opportunity to lead, otherwise be a good team member

EXCELLENCE

- Doing your best
- Seek to accomplish something worthy and admirable
- Try hard
- Keep trying and pursue excellence
- Expect high standards

RESPECT

- Value yourself and others
- Respect your environment
- Act and speak courteously to everyone
- Be kind to animals
- Foster good relationships
- Foster school pride

HONESTY

- Be truthful and sincere
- Be trustworthy
- Admit your mistakes
- Learn by your mistakes
- Seek truth, good and right

SAFETY

- Look out for yourself and others
- Practise safe and hygienic habits
- Follow the rules