GSHS Students shine in Peter Pan

A tale of adventure, fantasy and the boy who never grew up, was the heart of the 2014 Combined Schools Musical, Peter Pan. Late last year Gladstone State High School students began the audition process and presented a song, dance or small recitation to be shortlisted and invited to audition for the director and production team of Peter Pan. At this part of the journey, over 30 students were selected to be members of the cast (including students from year 7 now in year 8). With an overwhelming number of auditions and acceptances, we can honestly say that students of Gladstone State High School have talent.

Our students held a number of key roles in the production from Minor leads as lost boys, braves and pirates, to mesmerizing vocals and exquisite dancers in the brief mermaid scene. There were however, a few stand out performances that require special mention; Isabella Farquharson as the Crocodile was a lady on a mission every time she donned the Croc suit, pulled herself onto the wheeled board and skated her way across the stage. Jordan Daley as Smee, Captain Hook’s diligent offsider, was a resounding crowd favourite, growing in stage confidence with each show.

In reflection of the whole experience (working backstage), the highlight for me was working with the professionalism and witnessing the maturity of our students. Whilst they knew the experience was a mixture of fun and hard work, they were constantly focused on their roles but never lost sight of their academic responsibilities.

Thank you for representing our school, your families and yourselves so brilliantly.

With close to sell out shows across the week of the production and two completely sold out shows Friday and Saturday night, there is no doubt that the Gladstone Community respects and values this experience for the young people of the city. I’d like to finally give thanks to all the parents, friends and relatives who drove students to and from rehearsals, were patient with the performers as they put their usual lives ‘on hold’ and for all who were able to attend the show.

Our next performance venture is to host a GSHS Talent Showcase at the end of term 2. We are asking for all students who are GREAT at something to prepare for auditions to enter the showcase. So students, individually or in groups you need to polish off those spoons, prepare those canvases, or beat that drum, as lunch time auditions will be kicking off early in the term.

Mrs Peta PITT
Head of Department – The Arts
**UNIFORM SHOP:**
Our uniform shop would like to advise that the Canterbury shorts are now in stock along with the girls and boys formal ties.

**GSHS JUMPERS/JACKETS:**
We currently have 2 jumpers/jackets in stock. The Track Top is $49.50 and the Rugby Fleece is $15. We will have in stock in a few weeks a V neck navy blue pullover (price TBA). These 3 styles all have the GSHS logo. If you are able to wear one of these options and you wear a plain dyed navy jumper a note is still required. Even if a note is supplied under no circumstances will a hoodie (even if it is blue) be accepted, nor will any of the jumpers with motif's on them or in other colours be accepted.

**GSHS P&C MEETING:**
Gladstone State High School P&C Committee is meeting on the 28th April. They meet in the GSHS Administration building (Dawson Rd). The P&C welcomes new members and we look forward to seeing you there.

**PARKING WITHIN SCHOOL GROUNDS:**
Could parents please stop parking their vehicles on the main driveway into the school opposite the Cyril Golding Language Building. There driveway isn’t very wide and becomes congested when cars stop there. The painted yellow line on the driveway indicates that vehicles are not meant to stop there. Please consider other areas around the school to pick up your children.

**Quick News**

The 2014 GSHS Cross Country was a fitting end to a massive term of sport. It was a great afternoon with a huge number of students competing for their houses. Well done to all students who ran or completed the walkers course and congratulations to our age champion winners!

All teams demonstrated a high level of participation but it was DAMALA who lead the way taking out the champion house! Congratulations Mr Olsen and Damala!

All students who placed in the top 10 of their age group have been selected to attend the Port Curtis Cross Country which will be held at the Gladstone Golf Club in term 2. Students will receive forms first week back term 2. Good luck to all students!

**GSHS 2014 Cross Country**

<table>
<thead>
<tr>
<th>AGE</th>
<th>AGE CHAMPION</th>
<th>HOUSE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 Boys</td>
<td>Garion P</td>
<td>Damala</td>
</tr>
<tr>
<td>13 Girls</td>
<td>Anisley D</td>
<td>Damala</td>
</tr>
<tr>
<td>14 Boys</td>
<td>Miles G</td>
<td>Tyalan</td>
</tr>
<tr>
<td>14 Girls</td>
<td>Monique M</td>
<td>Damala</td>
</tr>
<tr>
<td>15 Boys</td>
<td>Jayden B</td>
<td>Damala</td>
</tr>
<tr>
<td>15 Girls</td>
<td>Aime P</td>
<td>Parnka</td>
</tr>
<tr>
<td>16 Boys</td>
<td>Ben D</td>
<td>Tech Collage</td>
</tr>
<tr>
<td>16 Girls</td>
<td>Mikayla R</td>
<td>Damala</td>
</tr>
<tr>
<td>Open Boys</td>
<td>Josh B</td>
<td>Damala</td>
</tr>
<tr>
<td>Open Girls</td>
<td>Matilda L</td>
<td>Parnka</td>
</tr>
<tr>
<td>AWD Boys</td>
<td>Connor B</td>
<td>Kougari</td>
</tr>
</tbody>
</table>

**Attendance Counts**

<table>
<thead>
<tr>
<th>If your child misses…</th>
<th>That equals…</th>
<th>Which is…</th>
<th>And over 13 years of Schooling that’s…</th>
<th>Which means the best your child may achieve is…</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day a fortnight</td>
<td>20 days a year</td>
<td>4 weeks a year</td>
<td>Nearly 1.5 years</td>
<td>Equal to finishing in Year 11</td>
</tr>
<tr>
<td>1 day a week</td>
<td>40 days a year</td>
<td>8 weeks a year</td>
<td>Over 2.5 years</td>
<td>Equal to finishing in Year 10</td>
</tr>
<tr>
<td>2 day a week</td>
<td>80 days a year</td>
<td>16 weeks a year</td>
<td>Over 5 years</td>
<td>Equal to finishing in Year 7</td>
</tr>
<tr>
<td>3 day a week</td>
<td>120 days a year</td>
<td>24 weeks a year</td>
<td>Over 8 years</td>
<td>Equal to finishing in Year 4</td>
</tr>
</tbody>
</table>
Nurse News

Treatment for Epilepsy

Generally, epilepsy is successfully treated with antiepileptic medications. 60%-70% of people diagnosed with epilepsy will gain seizure control with medication. Others may continue to have seizures, but less frequently.

Commencing medication does not always mean that it must be taken for life. Regular medical reviews are recommended and many people need medication for a limited time, usually a few years.

Do not suddenly stop taking medication as this can provoke seizures and possibly a medical emergency. Withdrawing from medication should always be carried out under medical supervision. Any changes to dose should be guided by the treating doctor.

When seizures continue to recur even with medication other treatment options such as surgery, stimulation of the vagus nerve, or, especially in children, the ketogenic diet may be considered. In the hope of seizure control complementary therapies are often explored. Any consideration given to complementary therapies should be thoroughly researched and discussed with your treating doctor.

Source: Epilepsy Australia www.epilepsyaustralia.net
Epilepsy Queensland 1300 852 853
Local Contact: Caroline Allen 4974 4339

Marisa Farlow
School based youth health nurse

Quick News

GSHS Students Produce great results at State Championships

Congratulations to Jack I, who recently attended the QLD State Swimming Championships, where he won Gold, Silver and 2 Bronze medals. Jack swam in 8 individual events, and competed in the Multi Class events as an S14 Swimmer.

Jack has been selected to represent QLD at the All Schools Australian Championships in Melbourne 20-26th July. He has qualified for 4 individual events and 2 relays.

Under awful conditions at the recent IGA State Athletics Championships Maddison S, showed what a true athlete she is. With it raining so much that events were delayed and the discus circle was under water Maddison produced two personal best throws in both Discus and Shot Put.

Maddison received the Bronze medal for the Discus event.

RSPCA MILLION PAWS WALK:
Friends of the RSPCA Gladstone invite you to bring your dog along on Sunday 18th May at Conoe Point Tannum Sands for the RSPCA Million Paws Walk which is starting at 9am.

CYBERSAFETY WEBSITE LAUNCH:
Crackers the clown and Shifty Shane are just two of the characters Queensland school students will meet in a new interactive quiz designed to highlight potential online dangers. The joint Telstra and Queensland Government project aims to equip middle school students with the skills to keep safe online. The Meet the creeps cybersafety website will help heighten parent and student awareness of online scams, social media pitfalls and cyberbullying. Go to the website for more information: http://www.creepquiz.eq.edu.au/

GSHS got a touch of the Irish with our Irish population coming out in green on the 17th of March to celebrate St Patricks Day. All other students joined in by wearing some green on the day!

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Parent / Teacher Interviews

At Gladstone State High School, we view the partnership between home and school as central to improving student outcomes and helping young people reach their full potential both academically & socially.

For this reason, we invite you to take part in our Parent/Teacher Interviews to be held on Monday 5th May 2014 for all year levels between 3.30 and 6.00pm in F Block. An information letter will be sent home with students’ reports which you should receive early in the week commencing Monday 28th April 2014. This includes details on how to make appointments using the web based booking system, Parent Teacher Online. The link to the system can be found on the school website www.gladstonshs.eq.edu.au. If you do not have computer access you can phone the school on 49766130 to make appointments over the phone. Appointments must be booked with the teacher before the day and, to avoid disappointment, it is advised to book as early as possible. Bookings can only be made from Monday 28th April through to 8.00am Monday 5th May.

Parent/Teacher Interviews are a wonderful opportunity to discuss your student’s progress at school. Some points you may like to raise in the interview are:

- Ways of working with your student towards improvement in achievement.
- Specific areas of your student’s strengths.
- Specific area in which your student is experiencing difficulty.
- How much effort is my student putting into the subject?
- What type of homework should I be monitoring?
- How is my student progressing in life skills such as teamwork, communication, leadership, organisation, literacy, good manners and so on?
- How is my student progressing socially?

We look forward to seeing you then!

Kevin Giles (Deputy Principal)