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Quick News

School Opinion Survey
Thank you to all parents/caregivers, students and school staff who completed this year’s School Opinion Survey. We look forward to reviewing our survey results when we receive our school report later this year.

IMPORTANT - EQIP APPLICATIONS
All students who are going to apply for either of the EQIP programs for next year are reminded that applications close on the 15th August. Programs are: Doorways to Civil Construction or PREQIP. Please go online to EQIP and download the application form. Return to EQIP or Mr Hooley ASAP. For more information, please see Mr Hooley

Congratulations to GSHS Symphonic Band

Their performance at the Fanfare Regional competition held in May is a testament to the students’ hard work as they were awarded the Secondary School Regional Award as well as receiving the overall winner for the region. This has led to them competing in the State Final to be held in Brisbane on the 6th August at the Brisbane Convention Centre. Fanfare is a state competition held every two years for all bands, whether they are a concert band, stage band or string orchestra. Only 11 bands go through to compete in the State finals out of the performing 580 ensembles; then from there, only 5 ensembles move on to compete in the grand final which will be held on Friday 8th August in Brisbane.

The GSHS Symphonic Band, conducted by Angie Clifton, has 24 band members who rehearse every week apart from their weekly rehearsals with GSHS Concert Band, Big Band and String Ensembles. These students are encouraged by Miss Clifton to put heart and soul into their music rather than playing the notes on the page. “If the students like what they play they should be able to relate to it and give that something extra at performance time”.

Music Captains, Nicholas Mc, Georgia S and Adam P all agree that they feel privileged to be a part of the State Finals. When asked how they feel about competing in the Fanfare Finals their responses were - “Exciting” - “It hasn’t been done in a while” and “It’s going to be difficult to compete against the other 10 bands”. When asked - “As a team, why do you think the band got to the finals?” - Georgia replied with “We got to this point because of our fabulous conductor (laughs)”. All three Music captains agree that it is going to be a great benefit to the ongoing musical future of all band members to attend the grand final on the Friday night.

It is understood that the last time any Gladstone school represented the region in the Fanfare finals was in 1992 and this band was a GSHS Concert band.

Our Symphonic Band will not only compete in the finals with a chance to win a place in the Grand final, but will also be performing in a public concert to be held in Brisbane on the Thursday 7th August.

Well done!!!!!!
Quick News

ALL ROUNDER NOM-INATION FORMS FOR AWARDS NIGHT
If you are interested in nominating for an All Rounder Award for your year level please get a nomination form from your Year Coordinator. Nominations close on Friday 5 September 2014.

DRESS CODE
As stated in our Dress Code policy on page 37a of our planner students are only permitted to wear plain foundation and no other make up, 1 flat ring, a plain stud/sleeper for all body piercings, a fine silver or gold necklace, and a watch or medi alert bracelet on your wrist only. Everything else is considered out of uniform. Last week you were reminded about the policy and asked either to remove make up or jewellery. This week there will be consequences given for not following the Dress Code. The jewellery will also be handed in and taken to the PBC to be collected at the end of the day. If you don't want this to occur, do not wear it.

ENROLMENT MANAGEMENT PLAN
Gladstone SHS will soon be subject to an Enrolment Management Plan which defines areas that new students need to live in to be allowed to enrol at this school. If they do not live in the area, new students will have to go to another school, although there are certain exceptions.

*Please note that students currently enrolled remain enrolled even though they may live outside the catchment area.

Jack Wins GOLD at the School Sport Australian Swimming Championships

Jack was selected in the Qld Secondary School Swimming Team to compete at the School Sport Australia Swimming Championships at Melbourne Aquatic Centre. The championships were held from Monday 21st July until Saturday 26th July.

Jack competed each day with 4 individual events; 50m Freestyle, 100m Freestyle, 50m Butterfly and 50m Breaststroke. He also represented Queensland in both the mixed 4 x 50m Freestyle Relay and the 4 x 50m Mixed Medley Relay.

Jack won a Gold Medal as part of the 12 to 15 years MultiClass Freestyle Relay Team, making them National champions. He was also awarded a bronze medal in the Medley Relay.

Jack broke his own 50m Freestyle Swimming Queensland record, and set another 2 state records with his 100m Freestyle and 50m Butterfly.

Congratulations Jack on such a marvellous performance. It takes a lot of determination and practice to achieve so well at this high level. Congratulations too to Jack's family who support him so well and who are immensely proud of Jack.

Congratulations Hannah

Gladstone State High School is very proud to congratulate Hannah for receiving the Tuckwell Scholarship.

To receive this scholarship students have to be both the brightest scholars and demonstrate a commitment to giving back to the community.

Each year 24 students will receive $22,000 each year towards their studies as well as ongoing academic and career mentoring. They will live in student accommodation at the ANU and be encouraged to pursue community service and extracurricular activities.

*The Tuckwell Scholarship Program was established by ANU alumnus Graham Tuckwell and his wife Louise in February 2013 and the first scholarship recipients started their studies in 2014.

Their $50 million gift to the University was the largest donation to an Australian university by an Australian citizen.
Nurse’s News

TEENS AND YOUNG WOMEN

Do you have painful periods?
Do you miss school or work because of painful periods?
Do your periods affect your normal everyday lifestyle?
You need to find out why
You may be suffering from ENDOMETRIOSIS OR ADENOMYOSIS
  • These conditions are NOT cancer
  • These conditions are NOT life threatening
  • These conditions are NOT contagious
  • These conditions are NOT sexually transmitted infections (STI)

Don’t put up with it, talk to your doctor or school nurse. Getting a proper diagnosis and treatment by a specialist can help you manage your symptoms and protect your fertility.
For more information come and talk to the school nurse or visit www.qendo.org.au

The Spine Society of Australia is commencing their annual National Self-Detection Program for Scoliosis (NSDP) in July and August. As part of this program all schools in Australia with girls in year 7 & year 9 will be invited to participate by downloading the NSDP brochure for distribution to their pupils. It can be accessed on www.scoliosis-australia.org/scoliosis/self_detection_prog.html

The causes are unknown but 80%-90% of cases occur in otherwise healthy adolescents.
HOW DO YOU DETECT SCOLIOSIS?
Simply look for it!
It only takes 30 seconds.
Your can visit the website www.scoliosis-australia.org and get more information on the treatment, diagnosis or fashion or visit the SBYHN (School Based Youth health Nurse) Marisa. At the school on Monday, Tuesday and Wednesday.
www.qendo.org.au

PROCEDURE FOR STUDENT ABSENCES
If your student is away for any reason there are several ways of notifying the school.
  • Phone on 07 4976 6158
  • Email on absentees@gladstonshs.eq.edu.au
  • Use the notification slip in the Newsletter each week
  • Use the slip in your student’s diary
  • Text absences on 0407096034

We appreciate and thank-you for your cooperation.

GHS CORE VALUES

VALUES
To empower students to reach their full potential through quality learning experiences in a supportive and challenging school environment.

RESPONSIBILITY
• Give your best
• Be dependable
• Make appropriate choices
• Be fair • Have a go
• Take your opportunity to lead, otherwise be a good team member

EXCELLENCE
• Doing your best
• Seek to accomplish something worthy and admirable
• Try hard
• Keep trying and pursue excellence
• Expect high standards

RESPECT
• Value yourself and others
• Respect your environment
• Act and speak courteously to everyone
• Be kind to animals
• Foster good relationships
• Foster school pride

HONESTY
• Be truthful and sincere
• Be trustworthy
• Admit your mistakes
• Learn by your mistakes
• Seek truth, good and right

SAFETY
• Look out for yourself and others
• Practice safe and hygiene habits
• Follow the rules

UNIFORM SHOP
OPENING HOURS
Monday: 8:15am-11:15am
Wednesday: 11:00am-2:00pm
Friday: 8:15am-11:15am

GLADSTONE
State High School