Year 8 Leadership camp

In week 8, Mr. Donald and I travelled by bus with 28 students to the Capricorn Coast Leadership Development Centre in Yeppoon for leadership camp. Students did a range of activities to improve and learn new leadership skills.

The leadership programs were co-curricular, meaning that the purpose was to add experiences, opportunities, and an added dimension to life outside of the classroom. The ultimate goal was to help students develop into well-rounded leaders, develop self-confidence, personal achievements and success, and be able to transfer the leadership skills that are acquired to life beyond and outside of Gladstone State High.

The students participated in a variety of teamwork challenges including: rock climbing, crate stack, high ropes, orienteering, and leadership games. Students were taken out of their comfort zones and placed in teams with students they may not have worked with before.

The students worked assiduously and it was fantastic to see the determination and motivation from all, to overcome challenging tasks. Many of the challenges involved heights – for some this was easy and for others, gut wrenching. With the support from their teams, students were successful in building confidence and pushing themselves each and every time.

Every student displayed and demonstrated commendable leadership qualities. Nine students received awards for displaying outstanding leadership qualities.

Georgina D – for showing ACCOUNTABILITY by taking responsibility for everyone’s performance, including her own.

Tallis F – for showing EMPATHY by guiding others through challenges and looking for solutions to foster long term success.

Paige H – for showing AWARENESS and retaining an objective perspective in a group environment.

Mahima B – for showing FOCUS and establishing strategies, processes and routines so that high performance is tangible, easily defined, and monitored.

Max T – for showing HONESTY and embodying values that form the foundation of success.

Ebony F – for showing INSPIRATION by setting high and attainable standards and providing support and tools to pursue goals.

Ethan G – for showing OPTIMISM by using positive energy to encourage others to work together efficiently and effectively as a team.

Paris F – for showing DECISIVENESS by making difficult and timely decisions.

Riley John W – for showing CONFIDENCE by not giving in easily to challenges and radiating confidence within the team.
Chappy Chat

Welcome to Gladstone State High School

Gladstone State High School is a dynamic, progressive and internationally accredited school which meets the needs of 21st century learners. Our school focuses on the development of positive relationships with students and the community, diverse and individual pathways for students, quality responsive teaching, improved learning and innovation. We have a strong focus on school improvement and the creation of quality pathways for all.

Our Vision:
Clever, skilled and creative students making healthy choices.

Our Purpose:
To provide students with the knowledge, skills and confidence to maximise their potential enabling them to make a positive contribution to society.

Our Values:
We value and build on our strong traditions of excellence, resilience and inclusiveness in a productive learning and teaching environment, where we are respectful, safe, responsible and engaged.

I hope last week’s newsletter was an encouragement. “Our bravest and our best lessons are not learned through success, but through misadventure.” (Amos Bronson Alcott) - So – if you tried a few things following last week’s newsletter and they didn’t work, don’t be discouraged. It’s only in reflecting on our not so successful experiences that we can learn useful ways forward.

Our three Drumbeat groups will be performing shortly to their chosen guests. The students are all very nervous. However, the performance isn’t the focal achievement. Rather, it is about being a team, working together and supporting each other. It is about achieving more when we work with others cooperatively. These same skills we use in Drumbeat are also necessary throughout our lifetime. The performance gives us a chance to trust ourselves and enjoy the moment. It’s about working through our fears and feeling proud of what we have achieved. It is a vital part of the Drumbeat programme and I hope that if you have a child attending a current Drumbeat programme, you can find half an hour to come and enjoy. You will need to sign in at the office and the actual performance will last for about five to 8 minutes.

Hopefully you find some time to check in with your child and just listen to them as they face end of term assignments and assessments. You don’t need to fix their pain or solve their problem. Just by being present as you listen will help them feel supported and encouraged.

Have a great week

Yvonne and Jarek
(ykamh2@eq.edu.au) (jreah0@eq.edu.au) Ph 49766162

BreastScreen Queensland

Women aged 50 - 74

This is a special invitation for you to Attend the FREE BreastScreen Gladstone Service At Gladstone Hospital numerous appointment times are available no referral is required and it only takes 30 minutes

To make an appointment, phone

13 20 50

(Women aged 40 – 49 and over 75 are also eligible for a free breastscreen)
Quick News

BYOX laptop setup
Reminder to any students that are part of the BYOX program that have not yet been connected to the school internet to see the IT technicians in F block during either break or before school to have this work completed.

Tonka Magazine
Order your copy of the 2016 Tonka magazine now. Magazines are $18 each.

2016 Book Week

Who is your favourite Australian author and why (in under 25 words)?

Jackie French because she composes her stories with the objective of making her characters come to life in our imagination. (Annika M – Year 8)

Andy Griffith’s books are literary masterpieces, each book filled with creativity and humour. His stories immerse the reader in a colourful, crazy, and wonderful world. (Sascha M – Year 8)

Andy Griffith because the books make anyone laugh and are also quite enjoyable. (Kirsty H – Year 7)

Emily Rodda because she wrote 24 books and she lives in the Blue Mountains. My favourite book is... the Star of Deltora and Deltora Quest. (Maddison N – Year 8)

Mary Albert and Pamela Lofts as “How the birds got their colours” is my favourite Australian book. It is crazy funny and very weird. (Alexander F – SEP A)

Belinda Landsberry as Anzac Ted is my favourite Australian book. My dad was in the Army and Anzac Ted reminds me of him. (Jessica T – Year 9)

Knife & Packer (this duo is technically British) as Freak Street is my favourite series - it has lots of pictures, colour and I can actually see the words. (Emily C – SEP C)
Quick News

Deodorant cans are banned

Deodorant cans are banned at our school as they can cause serious problems for students with asthma and other lung conditions. Deodorant cans will be confiscated and returned at the end of the day.

Lost Property box E Block

There is a lost property collection box in the E Block staffroom. If you have been in classes in E Block and are missing a jacket, hat or other personal items, you may wish to check if it has been handed in here. All items will be returned to the whole school lost property collection box at the end of the week. Whole school lost property box can be located next to the Uniform shop in D Block across from Administration.

Joke of the day

Thanks to Andrew P from 10P2 for Thursdays joke.
“What is the last thing you take off the ground before bed?”
Your feet.

Joke of the day competition!
Be sure to keep the jokes coming. Submit them to the yellow box outside L Block staffroom. As always make sure your jokes meet the following criteria to be considered:
- Jokes must be reasonably short.
- Contain no offensive comments/remarks.
- Contain no foul language.
- Your name and care class must be on your entry otherwise it will not be considered.

A BIG “Thank You” to Ms Mc Donald and the Year 11 hospitality students as they provided the hospitality and service to help Mrs Winyard raise $254.85 for the Mater Foundation, in support of women with ovarian cancer.

The luncheon was held on the 31st May. Students prepared and hosted the fundraising luncheon with a high standard menu for Gladstone SHS staff members who had a choice of attending the luncheon or ordering a take away meal. The students catered for over 30 staff without diminishing the quality of food.

Compliments:
“THe food was wonderful and mouth-watering. So thank you to all the students for cooking a lovely lunch for a good cause.” Ms Hughes - Junior Secondary

“A BIG thank you to Lorraine for all her hard work in organising the Ovarian Cancer Lunch. Job well done!!! Also thanks to Jacqui and the Year 11 Hospitality students who did a wonderful job.” Ms Christopoulos - Senior Schooling

“Well done and thank you for the arrangements.” Ms Khan-Arumugan – Teacher Aide

The students were awarded a Certificate of Appreciation from the Mater Foundation, for their excellence in hosting and supporting a valuable cause.
QMEA perfect programming experience

Recently state high students from grade 10 were given the opportunity to participate in the QMEA run perfect programming day. This was an exciting event with an exciting guest speaker, Damien Kee, leading the students from various local schools in developing a real life programmed electronic device that monitored liquid levels within a container. This classroom example was used to represent practical applications used by industry within our region to monitor levels in storage tanks and dams.

Students were guided through using the Arduino Uno board and various other components to build an ultrasonic sensor that was capable of determining the water level within our test tanks as they changed. This allowed the students to develop control algorithms that would initiate the tank to start filling and then stop when the tank reached a desired level. The students exceeded even our guest speakers’ expectations and prompted him in introducing higher level concepts to the students in the remaining time.

Gladstone State High School would like to thank Tammy Grady and Damien Kee for all of their hard work to offer these opportunities to students in our region.

WALLA BABIES RUGBY CAMP

**MISSION:** To give kids and families an alternative option during the school holidays. To come and make new mates, learn a fun and exciting sport and be empowered through our camp with some great core values including positive work ethic, respect, team work, fair play, integrity and humility.

**When:** Monday 19 September - Friday 23 September

**Where:** TBC - Brothers Junior Club fields, Blain Park drive off Callemondah drive

**Time:** 9 - 4pm Mon - Thu, Fri 9 - 1:30pm

**Age:** 6 - 15 years old

**Cost:** SEE DETAIL BELOW

<table>
<thead>
<tr>
<th>Early Bird Discount Prices</th>
<th>$30 per child, per day</th>
<th>$150 per week</th>
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<tr>
<td>Early Bird Family Prices</td>
<td>$25 per child, per day</td>
<td>$125 per week</td>
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<tr>
<td></td>
<td>$20 each per day x3+ children</td>
<td>$60 per week</td>
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**WALK IN’S / Non Booked** - $40 per child, per day, $30 per child, per day x2 children, $25 per child, per day x3 children

For **Early Bird Discounts**, all registration forms and payments must be received by Sunday 18 September. Payments to be made into the account of 034126-333922 or given to Patrina.

**Time Payments may be an option for those who request, call Patrina to discuss further before Friday 9 September.**

**NOTE:**
- There are no Half Day Attendances
- There are no Refunds
- Drop off no earlier than 8:45am daily
- Pick up no later than 4:15pm
- Please **do not forget** to PICK UP your child or children

Call Patrina on 0488634690

**SCHOOL PAYMENTS**

**BPOINT - AVAILABLE FOR PAYING INVOICES. PLEASE SEE BOTTOM OF INVOICES FROM NOW ON OR YOU CAN REQUEST A COPY OF YOUR INVOICE BY EMAILING accounts@gladstonshs.eq.edu.au**

- **PLEASE BE AWARE THAT WE DO NOT PROCESS EFTPOS TRANSACTIONS UNDER THE LIMIT OF $10**

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**GSHS CORE VALUES**

**VALUES**
To empower students to reach their full potential through quality learning experiences in a supportive and challenging school environment.

**RESPONSIBILITY**
- Give your best
- Be dependable
- Make appropriate choices
- Be fair - Have a go
- Take your opportunity to lead, otherwise be a good team member

**EXCELLENCE**
- Doing your best
- Seek to accomplish something worthy and admirable
- Try hard
- Keep trying and pursue excellence
- Expect high standards

**RESPECT**
- Value yourself and others
- Respect your environment
- Act and speak courteously to everyone
- Be kind to animals
- Foster good relationships
- Foster school pride

**HONESTY**
- Be truthful and sincere
- Be trustworthy
- Admit your mistakes
- Learn by your mistakes
- Seek truth, good and right

**SAFETY**
- Look out for yourself and others
- Practise safe and hygienic habits
- Follow the rules