GSHS WELLBEING





WELLBEING @ GSHS

Here at GSHS we are so fortunate to have an extensive Wellbeing Team.

Students have access to our Wellbeing Hub to make connections with our Youth Support Coordinators. It is a safe space with access to our Wellbeing Team every day.

GSHS also runs a variety of support programs, including a Fitness Program before school, Breakfast Club each day, Lunchtime Activities Program, Hooked on Learning and our Therapy Dog Program.

Over the course of the year, students map out what events are important to them to be able to promote awareness. R U OK? Day, Day for Dolly and Bullying NO WAY Day are just to name a few. Our students are gifted with a Student Planner at the start of each year, this planner has a wellbeing focus with strategies on keeping positive wellbeing and habit trackers for students to take ownership on their wellbeing.

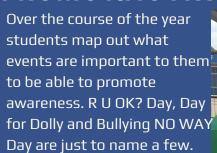


THE TEAM

- 6 Year Coordinators
- 4 Heads of Year
- 3 Guidance Officers
- 3 Youth Support Coordinators
- 2 Youth Engagement Officers
- 1 Community Education Counsellor
- 1 Social Worker
- 2 Youth Insearch Workers
- 1 School Based Police Officer
- 1 School Based Nurse
- 1 Nurse Practitioner
- 2 Therapy Dogs and Counseller



PROMOTING AWARENESS





Our Gladstone
partners at
Headspace and
Roseberry are
always willing to
help out at
events.

headspace